

MEMBERS SUPPORT



MEMBERS SUPPORT UNIT

WELLNESS CENTER STAFF

Capt. Jerry Scott

F.F. Ryan Arthur

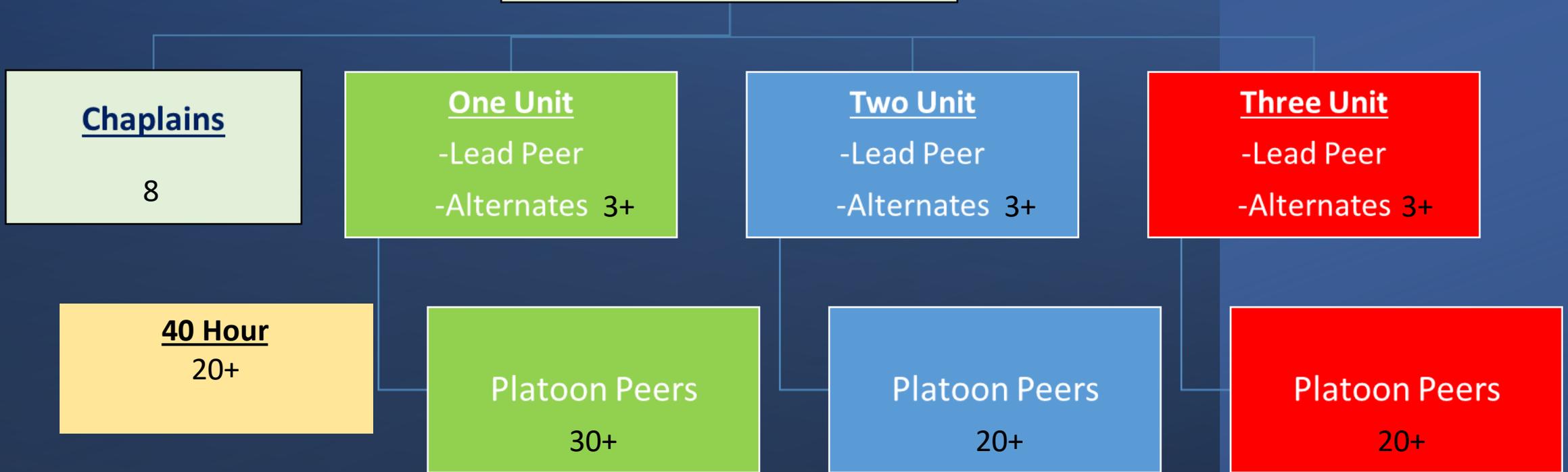
F.F. Mark Savage

F.F. Steve Carna

F.F. Joe Lorenz

Unit day Peers'

Members Support Unit







Joint Public Safety Wellness Center

“Who you are tomorrow begins with what you do today.”

Committed To Hope - Support for those impacted in any way by Cancer.
3rd Tuesday every month at 3:00 pm.

Life Group - Faith focused that shares in discussion and leans into the scriptures on Wednesdays at 12:30 pm.

Walking Beside You - Grief support on 3rd Tuesday of every month at 7:00 pm.

Recovery Group - Support for those who are sober or considering sobriety, meeting on Thursdays at Noon . Email Tracy Short at TRShort@columbus.gov for more information.

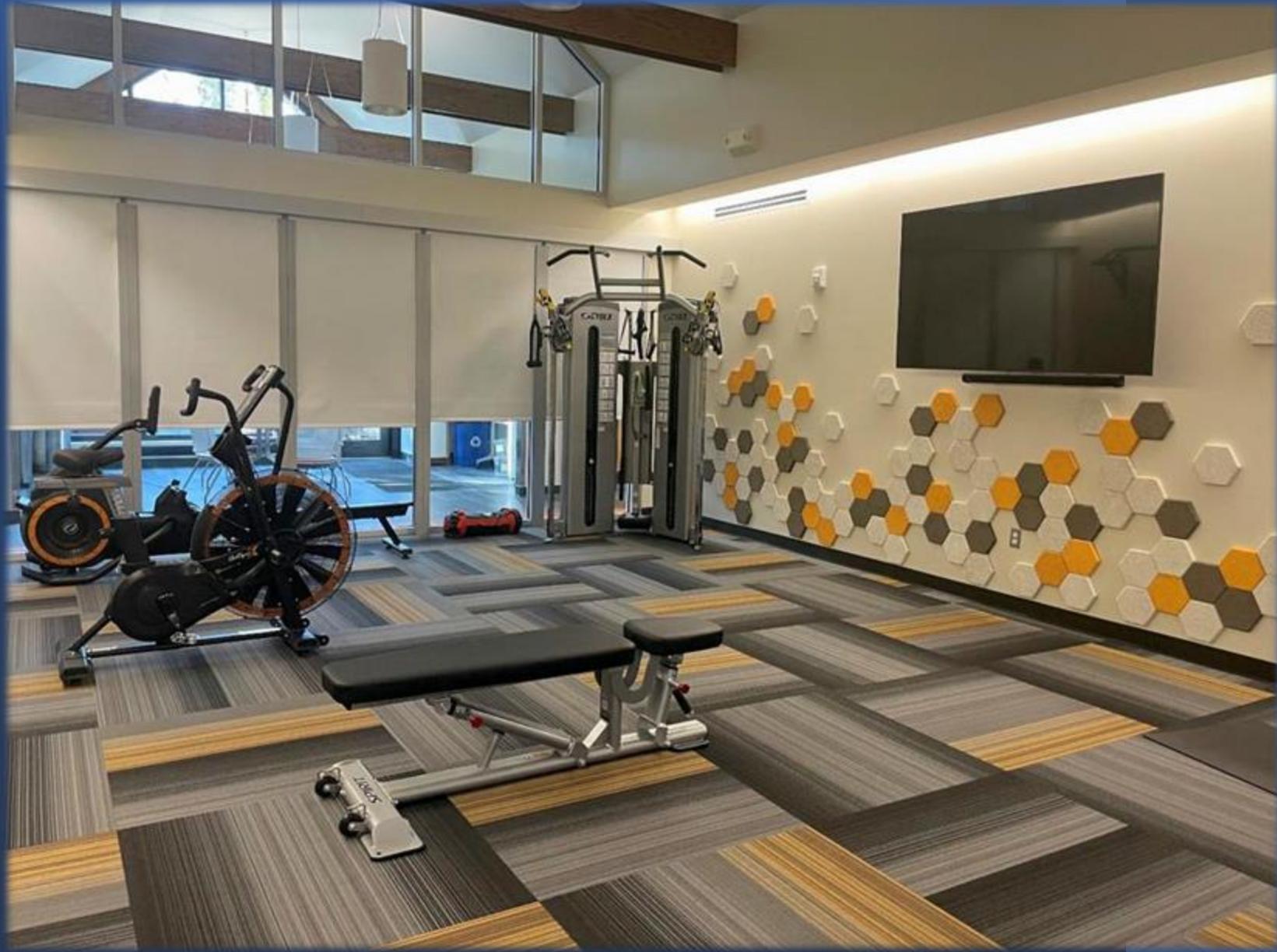
Yoga - On Hold

You Are Not Alone - Support for anxiety, restlessness, feeling overwhelmed, numb or distracted that is meeting the 2nd and 4th Thursday of the month at 3:30 pm.

Confidential peer support and Professional counseling - Always available and can connect you to free resources that can make a difference

EAP Counselor– Available by appointment **614-645-6894**

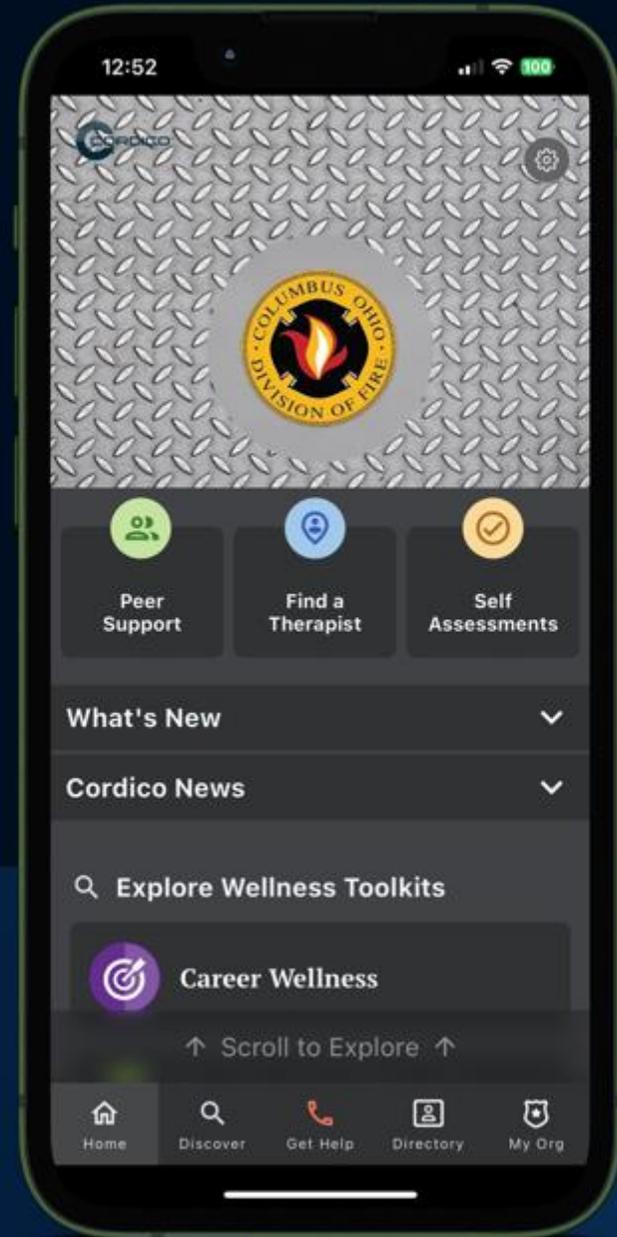








COLUMBUS DIVISION OF FIRE WELLNESS APP



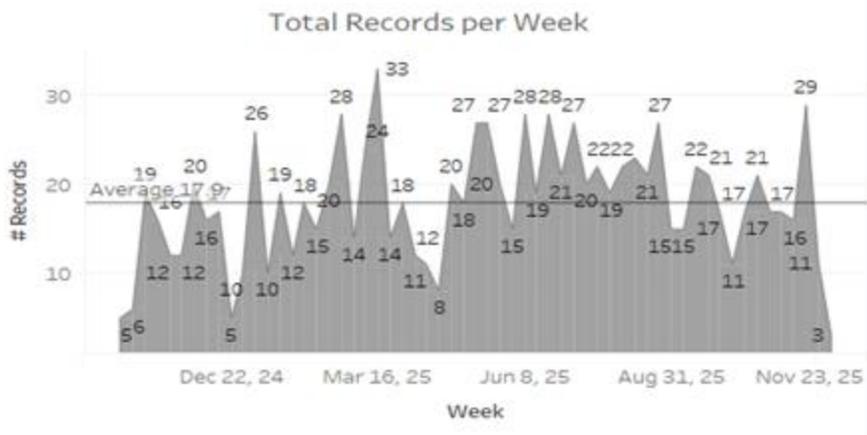
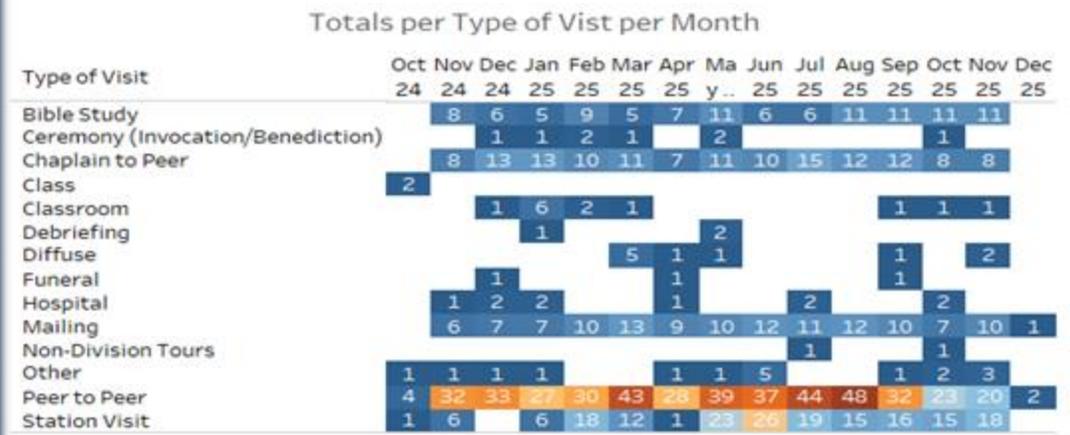
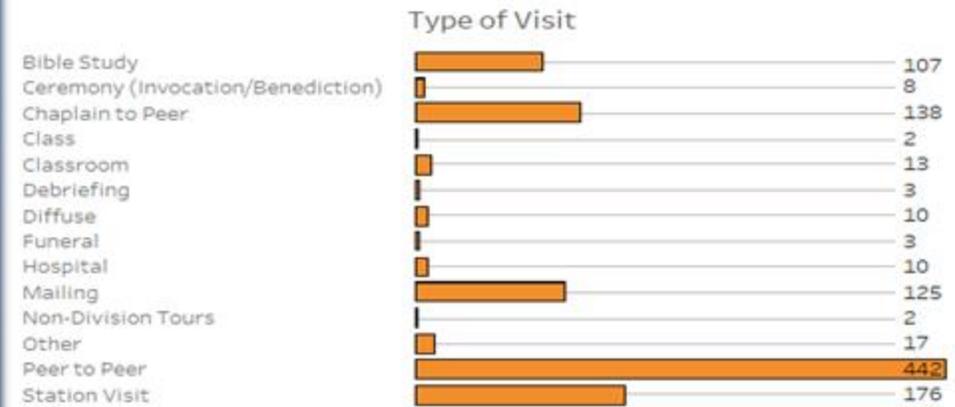


Filters

Peer Support Dashboard



Total Records	Average Chaplains Present	Average Number of Members in Attendance	Average Peers Present	Total Letters Mailed	Total At Peer Center	Total Bridged to EAP	Total Chaplain Follow Up	Total Requested Faith
1,056	1	6	1	534	162	118	17	149



Source: Peer Support Log Smartsheet

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